



EMPLOYEE BULLETIN

EB No. 752

10 October 1979

HEADQUARTERS EXERCISE ROOM AND SHOWER FACILITIES

1. The Headquarters Exercise Room is located near Room BE48. This room and the adjacent running track are provided in the interest of the physical fitness and well-being of Agency employees. Information about available programs and facilities may be obtained by calling the physical fitness supervisor, extension

STATINTL

2. Effective 22 October 1979, changes will be made in the Headquarters Exercise Room schedule to expand the hours when both men and women may use the facilities. The new hours of operation for the exercise room will be as follows:

<u>Men and Women</u>	<u>Hours</u>
Monday through Friday (except holidays)	6:00 - 10:30 a.m. 3:00 - 8:00 p.m.
Saturday, Sunday, and holidays	10:00 a.m. - 2:00 p.m.

<u>Men Only</u>	
Monday, Wednesday, and Friday	12:30 - 3:00 p.m.
Tuesday and Thursday	10:30 a.m. - 1:00 p.m.

<u>Women Only</u>	
Monday, Wednesday, and Friday	10:30 a.m. - 12:30 p.m.
Tuesday and Thursday	1:00 - 3:00 p.m.

3. Two shower facilities are provided. During periods when the physical fitness facilities are used by men and women at the same time, the dressing room and showers adjacent to the running track are reserved for women and the dressing room and showers adjacent to the exercise room are reserved for men.

DISTRIBUTION: ALL EMPLOYEES